

# Support for Survivors of Suicide Loss



When someone dies by suicide, family, friends, colleagues, and communities are impacted. The American Foundation for Suicide Prevention offers programs and resources to support suicide loss survivors in the healing journey.

## Following a Loss

### Healing Conversations

Healing Conversations gives those who have lost someone to suicide the opportunity to talk with our experienced volunteers, who are themselves survivors of suicide loss.

### International Survivors of Suicide Loss Day

Each year, AFSP supports hundreds of Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding, and hope.

### Support Group Listings

AFSP provides listings for hundreds of suicide loss survivor support groups in the U.S. and internationally.

### Long-Term Survivors of Suicide Loss Summit

This unique biennial conference is designed for long-term suicide loss survivors who have integrated their grief into daily life. It offers workshops, expert discussions, and social activities exploring how grief changes over time.

### Surviving a Suicide Loss: Resource and Healing Guide

This booklet provides support, resources, and tools to foster hope and healing for suicide loss survivors. It contains practical information as well as stories from experts and fellow loss survivors.

### Memory Quilts

Suicide loss survivors can honor loved ones with a commemorative physical or digital quilt square.

## Supporting Others

### Children, Teens and Suicide Loss

Written in partnership with The Dougy Center, The National Center for Grieving Children & Families, this booklet provides guidance on how to provide support for young loss survivors.

### Caring Communities: Guidance for Supporting Survivors of Suicide Loss

This presentation offers guidance, resources, and support strategies for helping someone recently bereaved by suicide.

### Suicide Bereavement Support Group Facilitator Training

Experienced trainers prepare participants to run effective peer-to-peer suicide loss support groups for adults or children and teens.

### Understanding Suicide Bereavement: A Training for Mental Health Clinicians

This workshop gives clinical professionals insight and tools to meet the specific needs of suicide loss survivors.

### Toolkits

AFSP offers toolkits to help schools, workplaces, medical and veterinary programs, and firearm retailers respond to a death by suicide.